

FAMILY HISTORY

Please review the below-listed diseases and conditions and indicate those that are current health problems of the family member. Leave blank those spaces that do not apply. Circle your answers if your relative lives around this locality, as some hereditary conditions are affected by similar climate.

CONDITION	FATHER	MOTHER	SPOUSE	BROTHER(S)		SISTERS		CHILDREN	
	Age []	Age []	Age []	Age []	Age []	Age []	Age []	Age []	Age []
Allergies/Asthma									
Arthritis									
Back Trouble									
Bleeding Troubles									
Birth Defects									
Bursitis									
Cancer									
Constipation									
Depression/Mental Illness									
Diabetes									
Disc Problems									
Emphysema									
Epilepsy/Seizures									
Gallstones									
Glaucoma									
Headaches/Migraines									
Heart Trouble									
High Blood Pressure									
Insomnia									
Kidney Trouble									
Liver Trouble									
Nervousness									
Neuritis/Neuralgia									
Osteoporosis									
Pinched Nerve									
Scoliosis									
Sinus Trouble									
Stomach Trouble/Ulcers									
Thyroid Disease									
Stomach Trouble									
Other:									

If any of the above family members are deceased, please list their age at death and cause:

PATIENT HISTORY PERSONAL HISTORY

Patient _____ Date _____

Childhood Diseases: Measles _____ Mumps _____ Chicken Pox _____ Others _____

Unusual Childhood Diseases: _____

Adult Illnesses or Conditions: _____

Are you allergic to any drugs or medications? _____

Patient's Signature _____

CHIEF SYMPTOMS

Have you seen any other doctors for this condition? _____

Is the condition due to injury or sickness arising out of employment? _____

Is the condition due to injury or sickness arising out of an auto or other accident? _____

Have you had or do you now have any of the following symptoms which are or have been of significant distress to you?
Please indicate with the letter Y for YES and N for NO (or leave blank).

Y = YES

N/or Blank = No/Never

DIAGNOSED WITH THE FOLLOWING

Skin/Hair/Nail _____
 Mouth/Throat _____
 Nose/Sinus _____
 Ear Problems _____
 Eye Problems _____
 Chest/Lung/Breathing _____
 Smoke _____ How Much _____
 Heart/Blood Vessel _____
 Blood/Lymph Problems _____
 Digestive Problems _____
 Genital (Prostate/Vaginal) _____
 Urinary/Kidney/Bladder _____
 Physically Abused _____
 Nervous System Diseases _____
 Mental Health Problems _____
 Gland/Hormone _____
 Allergy/Immunity _____
 Muscle/Tendon/Ligament _____
 Bone/Joint Disease _____
 Recurring Headaches _____
 Losing/Gaining Weight _____
 Pain wake you at night _____
 Bowel/Bladder Changes _____
 Sore that doesn't heal _____
 Unusual Bleeding/Discharge _____
 Lump in Breast or Elsewhere _____
 Indigestion/Swallowing _____
 Change in Wart or Mole _____
 Nagging Cough/Hoarseness _____
 Loss of Bladder Control _____
 Loss of Bowel Control _____
 Temporary Loss of Vision in one eye _____
 Blood in Urine _____
 Claustrophobia _____
 Spinal Surgery _____
 Common Cold/Flu _____
 Carotid Artery Surgery _____

Forceps Delivery _____
 Detached Retina _____
 Stroke _____
 Slipped Disc _____
 Herniated Disc _____
 Osteoporosis _____
 TIA's (mini Strokes) _____
 Drop Attacks (collapse but no fainting) _____
 Hardening of Arteries _____
 Partial/Complete Paralysis _____
 Rheumatoid Arthritis _____
 Fractured/Broken Vertebrae _____
 Bleeding Disorder _____
 Nervous System Disorder _____
 High Blood Pressure _____
 Blood in Stool _____
 Cancer _____
 Kidney Disease _____
 Prostate Disease _____

PAST MONTH

Nausea _____
 Vomiting _____
 Vertigo/Spinning _____
 Difficulty Walking _____
 Lack of Coordination _____
 Headaches/Migraines _____
 Numbness/Sensory _____
 Loss of Consciousness _____
 Double Vision _____
 Blurred Vision _____
 Tinnitus/Ringing Ears _____
 Speech Problems _____
 Clumsiness _____
 Memory Loss _____
 Personality Changes _____
 Fever _____
 Diarrhea _____
 Loss of Strength _____
 Head Trauma _____

WOMEN ONLY:

Menstrual Problems _____
 Birth Control Pills _____
 Pregnant _____
 Breast Problems _____
 Breast Removal _____

LIFESTYLE

Diet
 Balanced _____
 Fair _____
 Poor _____
 Excessive _____
 Restricted _____
 Do you use
 Caffeine _____
 Tobacco _____
 Nicotine _____
 Recreational rug _____
 Soda _____
 Type of Work
 Professional _____
 Physical Labor _____
 Driver _____
 Clerical _____
 Factory _____
 Homemaker _____
 Retail Store _____
 Construction _____
 Demands of Job
 Heavy _____
 Moderate _____
 Light _____
 Stress Levels
 High _____
 Medium _____
 Low _____
 Exercise
 Vigorous _____
 Moderate _____
 Light _____