

# Cold Laser Therapy

**LASER = Light Amplification by Stimulated Emissions of Radiation**

## How can Cold Laser Therapy help me?

At Gorman Optimal Health Solutions we use the Erchonia Cold Laser to enhance patient treatment—primarily to decrease inflammation and pain. It's important to note that this Erchonia laser was the first in the world to gain FDA approval for the treatment of chronic neck and shoulder pain.

*For many years I was experiencing extreme stiffness in my joints and muscles along with fatigue. I did not want to take the traditional route of prescription medications. I made an appointment with Dr. Gorman. He introduced me to a new world of common sense health care including: cold laser, massage, foots baths, chiropractic, NET, and nutritional supplements. For example, at my first appointment I was unable to turn my neck—but after one treatment with the cold laser, I regained full range of motion! I now have a much better understanding of how to keep my body, mind, and emotional well-being in balance. My deepest thanks to Dr. Gorman and his wonderful staff!*

— Tracy Fiorucci, Morrisville, PA

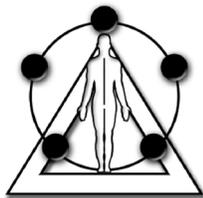
At the most elementary level, pain is the result of inflammation. When inflammation is reduced, healing is taking place. Your body has the natural ability to heal itself—the cold laser helps your body do it faster by stimulating your cells to produce more protein, and increasing circulation in the stimulated area. This results in reduced inflammation and a reduction in pain. The laser also helps restore proper function to muscles that are not functioning properly—the equivalent of

turning a light switch “on” that is currently “off.” It's that simple.

Patients have actually come to our office unable to lift their arm above shoulder height (this is known as “frozen shoulder syndrome”). After one or two treatments with the cold laser, full range of motion has been restored. Others with “stiff joints” or joint pain have found relief very quickly. As we continue to work with patients to restore optimal health through chiropractic adjustments and proper nutrition, the cold laser has often shortened the healing cycle by weeks or months.

The cold laser is totally non-invasive. You do not feel any heat or stinging as you might from other types of lasers being used in medical practices. The waves emitted by our cold laser are at the same wavelength of frequency as the human body—635 nanometers. Since it is totally harmonized to your natural frequency, the results are often thought to be “miraculous.”

For many patients, the cold laser has been their jump-start on the road to Optimal Health. In fact, we regularly demonstrate cold laser therapy at our lectures. If you would like to see a demonstration, or even experience it, come to the next lecture titled: “**Optimal Health 101.**”



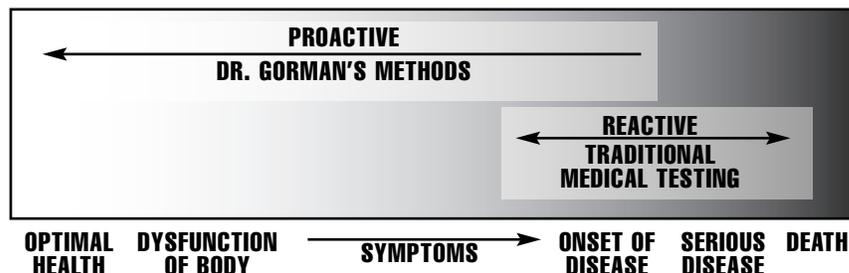
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