

# HICKS CHIROPRACTIC CENTER

## POLICY AND PATIENT DATA

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_ HOME PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY, STATE, ZIP \_\_\_\_\_

CELL PHONE NUMBER: \_\_\_\_\_ E-MAIL ADDRESS: \_\_\_\_\_

BIRTHDAY \_\_\_\_\_ AGE \_\_\_\_\_ SEX: M or F SS# \_\_\_\_\_

MARRIED \_\_\_\_\_ SINGLE \_\_\_\_\_ WIDOWED \_\_\_\_\_ DIVORCED \_\_\_\_\_

EMPLOYER \_\_\_\_\_ OCCUPATION \_\_\_\_\_ WORK PHONE \_\_\_\_\_

SPOUSE'S NAME \_\_\_\_\_ SPOUSES'S EMPLOYER \_\_\_\_\_ WORK PHONE \_\_\_\_\_

WHAT IS YOUR GOAL OF TREATMENT? [ ] LASTING CORRECTIVE CARE or  
[ ] TEMPORARY RELIEF OF SYMPTOMS

WHO IS YOUR FAMILY MEDICAL PHYSICIAN OR NURSE PRACTITIONER OR PHYSICIAN ASSISTANT?  
\_\_\_\_\_

WHEN DOCTORS WORK TOGETHER IT BENEFITS YOU. MAY WE HAVE PERMISSION TO UPDATE YOUR MEDICAL DOCTOR REGARDING YOUR CARE AT OUR OFFICE? \_\_\_\_\_

WHAT TYPES OF HOBBIES/LEISURE ACTIVITIES DO YOU ENJOY? \_\_\_\_\_

HOW DID YOU HEAR ABOUT OUR OFFICE? \_\_\_\_\_

### **SCREENING QUESTIONS:**

1. HAVE YOU EVER/PRESENTLY HAVE CANCER? [ ] YES [ ] NO IF "YES", WHEN AND WHERE? \_\_\_\_\_

2. ARE YOU LOSING WEIGHT WITHOUT TRYING? (GREATER THAN 10 POUNDS/MONTH?) [ ] YES [ ] NO

3. DO YOU HAVE A SORE THAT DOES NOT HEAL? [ ] YES [ ] NO

4. DO YOU HAVE ANY UNUSUAL BLEEDING OR DISCHARGE? [ ] YES [ ] NO

5. DO YOU HAVE A THICKENING OR LUMP IN THE BREAST OR ELSEWHERE? [ ] YES [ ] NO

6. DO YOU HAVE INDIGESTION OR DIFFICULTY SWALLOWING? [ ] YES [ ] NO

7. DO YOU HAVE A CHANGE IN A WART OR MOLE? [ ] YES [ ] NO

### **INFORMED CONSENT/RELEASE OF INFORMATION FOR CHIROPRACTIC CARE**

A patient, in coming to the Chiropractic Physician, gives the doctor permission and authority to care for the patient in accordance with the Chiropractic tests, diagnosis, and analysis. The Chiropractic adjustment or other clinical procedures are usually beneficial and seldom cause any problem. In rare cases, underlying physical defects, deformities, or pathologies may render the patient susceptible to injury. The doctor, of course, will not give any treatment, or health care, if he/she is aware that such care may be contra-indicated. Again, it is the responsibility of the patient to make it known, or to learn through health care procedures whatever he/she is suffering from: latent pathological defects, illnesses, or deformities which would otherwise not come to the attention of the Chiropractic Physician. The Chiropractic Physician provides a specialized, non-duplicating health care service. Your Doctor of Chiropractic is licensed in a special practice and is available to work with other types of providers in your health care regimen. I understand that if a Chiropractic Physician at Hicks Chiropractic Center accepts me as a patient, I am authorizing them to proceed with any treatment that may be necessary. Furthermore, any risk involved, regarding Chiropractic treatment, will be explained to me upon my request. According to Indiana Access to Health Records statute, (IC 16-4-8 et, seq.) I authorize the release of any documentation from my insurance company to the provider, which determines the payment or limitations of such on submitted claims, including but not limited to a copy of the chiropractic, medical or other reviews, which were done. I waive the Statute of Limitations regarding my doctor's rights to recover. I authorize Hicks Chiropractic Center to provide any of my other medical providers with any/all information contained in my medical records to coordinate medical treatment.

MY SIGNATURE IS AN ACKNOWLEDGEMENT THAT I HAVE READ THE POLICIES  
ABOVE AND AGREE TO ABIDE BY THE SAME.

PATIENT'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**ASSIGNMENT OF BENEFITS / ERISA AUTHORIZED REPRESENTATIVE FORM**

Financial Responsibility

I have requested professional services from **Hicks Chiropractic Center at 501 W. Kieffer Rd., Michigan City, IN 46360** ("Provider") on behalf of myself and/or my dependents, and understand that by making this request, I am responsible for all charges incurred during the course of said services. I understand that all fees for said services are due and payable on the date services are rendered and agree to pay all such charges incurred in full immediately upon presentation of the appropriate statement unless other arrangements have been made in advance.

Assignment of Insurance Benefits

I hereby assign all applicable health insurance benefits to which I and/or my dependents are entitled to Provider. I certify that the health insurance information that I provided to Provider is accurate as of the date set forth below and that I am responsible for keeping it updated.

I hereby authorize Provider to submit claims, on my and/or my dependent's behalf, to the benefit plan (or its administrator) listed on the current insurance card I provided to Provider, in good faith. I also hereby instruct my benefit plan (or its administrator) to pay Provider directly for services rendered to me or my dependents. To the extent that my current policy prohibits direct payment to Provider, I hereby instruct and direct my benefit plan (or its administrator) to provide documentation stating such non-assignment to myself and Provider upon request. Upon proof of such non-assignment, I instruct my benefit plan (or its administrator) to make out the check to me and mail it directly to Provider.

I am fully aware that having health insurance does not absolve me of my responsibility to ensure that my bills for professional services from Provider are paid in full. I also understand that I am responsible for all amounts not covered by my health insurance, including co-payments, co-insurance, and deductibles.

Authorization to Release Information

I hereby authorize Provider to: (1) release any information necessary to my health benefit plan (or its administrator) regarding my illness and treatments; (2) process insurance claims generated in the course of examination or treatment; and (3) allow a photocopy of my signature to be used to process insurance claims. This order will remain in effect until revoked by me in writing.

ERISA Authorization

I hereby designate, authorize, and convey to Provider to the full extent permissible under law and under any applicable insurance policy and/or employee health care benefit plan, as my Authorized Representative: (1) the right and ability to act on my behalf in connection with any claim, right, or cause in action that I may have under such insurance policy and/or benefit plan; and (2) the right and ability to act on my behalf to pursue such claim, right, or cause of action in connection with said insurance policy and/or benefit plan (including but not limited to, the right to act on my behalf in respect to a benefit plan governed by the provisions of ERISA as provided in 29 C.F.R. §2560.5031(b)(4)) with respect to any healthcare expense incurred as a result of the services I received from Provider and, to the extent permissible under the law, to claim on my behalf, such benefits, claims, or reimbursement, and any other applicable remedy, including fines.

A photocopy of this Assignment/Authorization shall be as effective and valid as the original.

\_\_\_\_\_  
Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Policyholder/Insured

\_\_\_\_\_  
Date

# PATIENT INTAKE FORM

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

**1. Indicate below the area(s) and intensity of your pain/symptom(s)**

AREA

INTENSITY

(scale of 1-10; 10 being the worst)

|   |       |       |
|---|-------|-------|
| 1 | _____ | _____ |
| 2 | _____ | _____ |
| 3 | _____ | _____ |
| 4 | _____ | _____ |
| 5 | _____ | _____ |

**2. How often do you experience your symptoms?**

- Constantly (76-100% of the time)       Occasionally (26-50% of the time)  
 Frequently (51-75% of the time)       Intermittently (1-25% of the time)

**3. How would you describe the type of pain?**

- |                               |                                |   |
|-------------------------------|--------------------------------|---|
| <input type="radio"/> Sharp   | <input type="radio"/> Burning  | <input type="radio"/> Sharp with motion         |
| <input type="radio"/> Dull    | <input type="radio"/> Shooting | <input type="radio"/> Shooting with motion      |
| <input type="radio"/> Diffuse | <input type="radio"/> Stabbing | <input type="radio"/> Stabbing with motion      |
| <input type="radio"/> Achy    | <input type="radio"/> Numb     | <input type="radio"/> Electric like with motion |
| <input type="radio"/> Stiff   | <input type="radio"/> Tingly   | <input type="radio"/> Other _____               |

**4. How are your symptoms changing with time?**

- Getting Worse       Staying the Same       Getting Better

**5. How much has the problem interfered with your work?**

- Not at all     A little bit     Moderately     Quite a bit     Extremely

**6. How much has the problem interfered with your social activities?**

- Not at all     A little bit     Moderately     Quite a bit     Extremely

**7. Who else have you seen for your problem?**

- |   |  |  |
|---|--|--|
| <input type="radio"/> Chiropractor      | <input type="radio"/> Neurologist        | <input type="radio"/> Primary Care Physician |
| <input type="radio"/> ER Physician      | <input type="radio"/> Orthopedist        | <input type="radio"/> Other: _____           |
| <input type="radio"/> Massage Therapist | <input type="radio"/> Physical Therapist | <input type="radio"/> No one                 |

**8. How long have you had this problem?**

\_\_\_\_\_

**9. How do you think your problem began?**

\_\_\_\_\_

**10. Do you consider this problem to be severe?**

- Yes       Yes, at times       No

**11. What aggravates your problem(s)?**

- |  |                                      |                                  |
|--|--------------------------------------|----------------------------------|
| <input type="radio"/> Always there           | <input type="radio"/> Neck Movement  | <input type="radio"/> Sitting    |
| <input type="radio"/> Coughing               | <input type="radio"/> Reaching       | <input type="radio"/> Standing   |
| <input type="radio"/> Sneezing               | <input type="radio"/> Lifting        | <input type="radio"/> Walking    |
| <input type="radio"/> Straining at the stool | <input type="radio"/> Bending        | <input type="radio"/> Stairs     |
| <input type="radio"/> Exercising             | <input type="radio"/> Twisting       | <input type="radio"/> Driving    |
| <input type="radio"/> Breathing Deeply       | <input type="radio"/> Sleeping/Lying | <input type="radio"/> Other_____ |

**12. What concerns you the most about your problem; what does it prevent you from doing?\_\_\_\_\_**

**13. What is your: Height\_\_\_\_\_ Weight:\_\_\_\_\_ Age:\_\_\_\_\_ Occupation\_\_\_\_\_**

**14. How would you rate your overall Health?**

- Excellent     Very Good     Good     Fair     Poor

**15. What type of exercise do you do?**

- Strenuous     Moderate     Light     None

**16. Indicate if you have any immediate family members with any of the following:**

- |  |                                |                             |
|--|--------------------------------|-----------------------------|
| <input type="radio"/> Rheumatoid Arthritis | <input type="radio"/> Diabetes | <input type="radio"/> Lupus |
| <input type="radio"/> Heart Problems       | <input type="radio"/> Cancer   | <input type="radio"/> ALS   |

**17. For each of the following conditions listed below, place a check in the “past” column if you have had the condition in the past. If you presently have a condition listed below, place a check in the “present” column.**

| <b>Past</b>           | <b>Present</b>                             | <b>Past</b>           | <b>Present</b>                                   | <b>Past</b>           | <b>Present</b>                            |
|-----------------------|--|-----------------------|--|-----------------------|---|
| <input type="radio"/> | <input type="radio"/> Headaches            | <input type="radio"/> | <input type="radio"/> High Blood Pressure        | <input type="radio"/> | <input type="radio"/> Diabetes            |
| <input type="radio"/> | <input type="radio"/> Neck Pain            | <input type="radio"/> | <input type="radio"/> Heart Attack               | <input type="radio"/> | <input type="radio"/> Excessive Thirst    |
| <input type="radio"/> | <input type="radio"/> Upper Back Pain      | <input type="radio"/> | <input type="radio"/> Chest Pains                | <input type="radio"/> | <input type="radio"/> Frequent Urination  |
| <input type="radio"/> | <input type="radio"/> Mid Back Pain        | <input type="radio"/> | <input type="radio"/> Stroke                     | <input type="radio"/> | <input type="radio"/> Smoking/Tobacco Use |
| <input type="radio"/> | <input type="radio"/> Low Back Pain        | <input type="radio"/> | <input type="radio"/> Angina                     | <input type="radio"/> | <input type="radio"/> Recreation Drugs    |
| <input type="radio"/> | <input type="radio"/> Shoulder Pain        | <input type="radio"/> | <input type="radio"/> Kidney Stones              | <input type="radio"/> | <input type="radio"/> Alcohol Dependence  |
| <input type="radio"/> | <input type="radio"/> Elbow/Arm Pain       | <input type="radio"/> | <input type="radio"/> Kidney Disorders           | <input type="radio"/> | <input type="radio"/> Allergies           |
| <input type="radio"/> | <input type="radio"/> Wrist Pain           | <input type="radio"/> | <input type="radio"/> Bladder Infection          | <input type="radio"/> | <input type="radio"/> Depression          |
| <input type="radio"/> | <input type="radio"/> Hand Pain            | <input type="radio"/> | <input type="radio"/> Painful Urination          | <input type="radio"/> | <input type="radio"/> Systemic Lupus      |
| <input type="radio"/> | <input type="radio"/> Hip Pain             | <input type="radio"/> | <input type="radio"/> Loss of Bladder Control    | <input type="radio"/> | <input type="radio"/> Epilepsy            |
| <input type="radio"/> | <input type="radio"/> Upper Leg Pain       | <input type="radio"/> | <input type="radio"/> Prostate Problems          | <input type="radio"/> | <input type="radio"/> Eczema/Rash         |
| <input type="radio"/> | <input type="radio"/> Knee Pain            | <input type="radio"/> | <input type="radio"/> Abnormal weight loss/gain  | <input type="radio"/> | <input type="radio"/> HIV/AIDS            |
| <input type="radio"/> | <input type="radio"/> Ankle/Foot Pain      | <input type="radio"/> | <input type="radio"/> Loss of Appetite           |                       |   |
| <input type="radio"/> | <input type="radio"/> Jaw Pain             | <input type="radio"/> | <input type="radio"/> Abdominal Pain             |                       |   |
| <input type="radio"/> | <input type="radio"/> Joint Pain/Stiffness | <input type="radio"/> | <input type="radio"/> Ulcer                      |                       |   |
| <input type="radio"/> | <input type="radio"/> Arthritis            | <input type="radio"/> | <input type="radio"/> Hepatitis                  |                       |   |
| <input type="radio"/> | <input type="radio"/> Rheumatoid Arthritis | <input type="radio"/> | <input type="radio"/> General Fatigue            |                       |   |
| <input type="radio"/> | <input type="radio"/> Cancer               | <input type="radio"/> | <input type="radio"/> Liver/Gallbladder Disorder |                       |   |
| <input type="radio"/> | <input type="radio"/> Tumor                | <input type="radio"/> | <input type="radio"/> Muscular Incoordination    |                       |   |
| <input type="radio"/> | <input type="radio"/> Asthma               | <input type="radio"/> | <input type="radio"/> Visual Disturbances        |                       |   |
| <input type="radio"/> | <input type="radio"/> Chronic Sinusitis    | <input type="radio"/> | <input type="radio"/> Dizziness                  | <input type="radio"/> | <input type="radio"/> Other_____          |

**For Females Only**

- Birth control pills  
 Hormone Therapy  
 Pregnancy

**18. List all prescription medications you are currently taking:**

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**19. List all of the over-the-counter medications/supplements you are currently taking:**

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**20. List all surgical procedures and dates in the past 5-6 years:**

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**21. What activities do you do at work?**     Not Applicable

**Sit:**                       Most of the day     Half the day     A little of the day

**Stand:**                     Most of the day     Half the day     A little of the day

**Computer work:**  Most of the day     Half the day     A little of the day

**On the phone:**     Most of the day     Half the day     A little of the day

**22. What activities/hobbies do you do outside of work?**

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**23. Have you ever been hospitalized in the past 5-6 years?**     Yes             No

If yes, why and dates \_\_\_\_\_  
\_\_\_\_\_

**24. Have you had significant past trauma?**     Yes             No

If yes, explain: \_\_\_\_\_  
\_\_\_\_\_

**25. Anything else pertinent to your visit today?** \_\_\_\_\_

**Patient Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Notes:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Patient Acknowledgement and Receipt of  
Notice of Privacy Practices Pursuant to HIPAA and Consent  
for Use of Health Information**

Name \_\_\_\_\_

Date \_\_\_\_\_

Print Patient's Name

The undersigned does hereby acknowledge that he or she has received a copy of this office's Notice of Privacy Practices Pursuant To HIPAA and has been advised that a full copy of this office's HIPAA Compliance Manual is available upon request.

The undersign does hereby consent to the use of his or her health information in a manner consistent with the Notice of Privacy Practices Pursuant to HIPAA, the HIPAA Compliance Manual, State law and Federal Law.

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_

By \_\_\_\_\_

Patient's Signature

If patient is a minor or under a guardianship order as defined by State law:

By \_\_\_\_\_

Signature of Parent/Guardian (circle one)

# Neck Index

Form N1-100

rev 3/27/2003

**Patient Name** \_\_\_\_\_ **Date** \_\_\_\_\_

*This questionnaire will give your provider information about how your neck condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.*

## **Pain Intensity**

- ⓪ I have no pain at the moment.
- ① The pain is very mild at the moment.
- ② The pain comes and goes and is moderate.
- ③ The pain is fairly severe at the moment.
- ④ The pain is very severe at the moment.
- ⑤ The pain is the worst imaginable at the moment.

## **Sleeping**

- ⓪ I have no trouble sleeping.
- ① My sleep is slightly disturbed (less than 1 hour sleepless).
- ② My sleep is mildly disturbed (1-2 hours sleepless).
- ③ My sleep is moderately disturbed (2-3 hours sleepless).
- ④ My sleep is greatly disturbed (3-5 hours sleepless).
- ⑤ My sleep is completely disturbed (5-7 hours sleepless).

## **Reading**

- ⓪ I can read as much as I want with no neck pain.
- ① I can read as much as I want with slight neck pain.
- ② I can read as much as I want with moderate neck pain.
- ③ I cannot read as much as I want because of moderate neck pain.
- ④ I can hardly read at all because of severe neck pain.
- ⑤ I cannot read at all because of neck pain.

## **Concentration**

- ⓪ I can concentrate fully when I want with no difficulty.
- ① I can concentrate fully when I want with slight difficulty.
- ② I have a fair degree of difficulty concentrating when I want.
- ③ I have a lot of difficulty concentrating when I want.
- ④ I have a great deal of difficulty concentrating when I want.
- ⑤ I cannot concentrate at all.

## **Work**

- ⓪ I can do as much work as I want.
- ① I can only do my usual work but no more.
- ② I can only do most of my usual work but no more.
- ③ I cannot do my usual work.
- ④ I can hardly do any work at all.
- ⑤ I cannot do any work at all.

## **Personal Care**

- ⓪ I can look after myself normally without causing extra pain.
- ① I can look after myself normally but it causes extra pain.
- ② It is painful to look after myself and I am slow and careful.
- ③ I need some help but I manage most of my personal care.
- ④ I need help every day in most aspects of self care.
- ⑤ I do not get dressed, I wash with difficulty and stay in bed.

## **Lifting**

- ⓪ I can lift heavy weights without extra pain.
- ① I can lift heavy weights but it causes extra pain.
- ② Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- ③ Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- ④ I can only lift very light weights.
- ⑤ I cannot lift or carry anything at all.

## **Driving**

- ⓪ I can drive my car without any neck pain.
- ① I can drive my car as long as I want with slight neck pain.
- ② I can drive my car as long as I want with moderate neck pain.
- ③ I cannot drive my car as long as I want because of moderate neck pain.
- ④ I can hardly drive at all because of severe neck pain.
- ⑤ I cannot drive my car at all because of neck pain.

## **Recreation**

- ⓪ I am able to engage in all my recreation activities without neck pain.
- ① I am able to engage in all my usual recreation activities with some neck pain.
- ② I am able to engage in most but not all my usual recreation activities because of neck pain.
- ③ I am only able to engage in a few of my usual recreation activities because of neck pain.
- ④ I can hardly do any recreation activities because of neck pain.
- ⑤ I cannot do any recreation activities at all.

## **Headaches**

- ⓪ I have no headaches at all.
- ① I have slight headaches which come infrequently.
- ② I have moderate headaches which come infrequently.
- ③ I have moderate headaches which come frequently.
- ④ I have severe headaches which come frequently.
- ⑤ I have headaches almost all the time.

Index Score = [Sum of all statements selected / (# of sections with a statement selected x 5)] x 100

Neck  
Index  
Score

# Back Index

Form B1100

rev 3/27/2003

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

*This questionnaire will give your provider information about how your back condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.*

## Pain Intensity

- Ⓐ The pain comes and goes and is very mild.
- Ⓛ The pain is mild and does not vary much.
- Ⓜ The pain comes and goes and is moderate.
- Ⓨ The pain is moderate and does not vary much.
- Ⓔ The pain comes and goes and is very severe.
- Ⓟ The pain is very severe and does not vary much.

## Sleeping

- Ⓐ I get no pain in bed.
- Ⓛ I get pain in bed but it does not prevent me from sleeping well.
- Ⓜ Because of pain my normal sleep is reduced by less than 25%.
- Ⓨ Because of pain my normal sleep is reduced by less than 50%.
- Ⓔ Because of pain my normal sleep is reduced by less than 75%.
- Ⓟ Pain prevents me from sleeping at all.

## Sitting

- Ⓐ I can sit in any chair as long as I like.
- Ⓛ I can only sit in my favorite chair as long as I like.
- Ⓜ Pain prevents me from sitting more than 1 hour.
- Ⓨ Pain prevents me from sitting more than 1/2 hour.
- Ⓔ Pain prevents me from sitting more than 10 minutes.
- Ⓟ I avoid sitting because it increases pain immediately.

## Standing

- Ⓐ I can stand as long as I want without pain.
- Ⓛ I have some pain while standing but it does not increase with time.
- Ⓜ I cannot stand for longer than 1 hour without increasing pain.
- Ⓨ I cannot stand for longer than 1/2 hour without increasing pain.
- Ⓔ I cannot stand for longer than 10 minutes without increasing pain.
- Ⓟ I avoid standing because it increases pain immediately.

## Walking

- Ⓐ I have no pain while walking.
- Ⓛ I have some pain while walking but it doesn't increase with distance.
- Ⓜ I cannot walk more than 1 mile without increasing pain.
- Ⓨ I cannot walk more than 1/2 mile without increasing pain.
- Ⓔ I cannot walk more than 1/4 mile without increasing pain.
- Ⓟ I cannot walk at all without increasing pain.

## Personal Care

- Ⓐ I do not have to change my way of washing or dressing in order to avoid pain.
- Ⓛ I do not normally change my way of washing or dressing even though it causes some pain.
- Ⓜ Washing and dressing increases the pain but I manage not to change my way of doing it.
- Ⓨ Washing and dressing increases the pain and I find it necessary to change my way of doing it.
- Ⓔ Because of the pain I am unable to do some washing and dressing without help.
- Ⓟ Because of the pain I am unable to do any washing and dressing without help.

## Lifting

- Ⓐ I can lift heavy weights without extra pain.
- Ⓛ I can lift heavy weights but it causes extra pain.
- Ⓜ Pain prevents me from lifting heavy weights off the floor.
- Ⓨ Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- Ⓔ Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- Ⓟ I can only lift very light weights.

## Traveling

- Ⓐ I get no pain while traveling.
- Ⓛ I get some pain while traveling but none of my usual forms of travel make it worse.
- Ⓜ I get extra pain while traveling but it does not cause me to seek alternate forms of travel.
- Ⓨ I get extra pain while traveling which causes me to seek alternate forms of travel.
- Ⓔ Pain restricts all forms of travel except that done while lying down.
- Ⓟ Pain restricts all forms of travel.

## Social Life

- Ⓐ My social life is normal and gives me no extra pain.
- Ⓛ My social life is normal but increases the degree of pain.
- Ⓜ Pain has no significant affect on my social life apart from limiting my more energetic interests (e.g., dancing, etc).
- Ⓨ Pain has restricted my social life and I do not go out very often.
- Ⓔ Pain has restricted my social life to my home.
- Ⓟ I have hardly any social life because of the pain.

## Changing degree of pain

- Ⓐ My pain is rapidly getting better.
- Ⓛ My pain fluctuates but overall is definitely getting better.
- Ⓜ My pain seems to be getting better but improvement is slow.
- Ⓨ My pain is neither getting better or worse.
- Ⓔ My pain is gradually worsening.
- Ⓟ My pain is rapidly worsening.

Index Score = [Sum of all statements selected / (# of sections with a statement selected x 5)] x 100

Back  
Index  
Score

# Injury History Form

Patient's name: \_\_\_\_\_

Today's date: \_\_\_\_\_

Date of injury: \_\_\_\_\_

•What state did the accident occur in? \_\_\_\_\_

•What city did the accident occur in? \_\_\_\_\_

•What street or intersection were you on when the accident occurred? \_\_\_\_\_

•You were:

- Driver  Front seat passenger  
 Rear seat passenger  Motorcycle operator  
 Motorcycle passenger  Other \_\_\_\_\_

•The vehicle you were in:

- Subcompact  Compact  Mid Size  Full Size  
 Truck  SUV  Mini Van  Van  
 Other: \_\_\_\_\_

•Your estimated speed at moment of crash: \_\_\_\_\_ mph

- Stopped  Slowing  Accelerating

•Type of vehicle(s) that impacted your vehicle:

- Subcompact  Compact  Mid Size  Full Size  
 Truck  SUV  Mini Van  Van  
 Other: \_\_\_\_\_

• Number of Vehicles involved? \_\_\_\_\_

• Estimated speed of other vehicle: \_\_\_\_\_ mph

- Slowing Down  Gaining Speed  
 Stopped  Moving at steady Speed

•Head restraints:

- None  Movable/Adjustable  Non movable  
 Don't know

•If adjustable, how was headrest positioned on head?

- Headrest at top of head  Headrest at middle of head  
 Headrest at back of neck  Headrest level of shoulder

•Lap belt:  Wearing  Not wearing  None

Don't know

•Shoulder belt:  Wearing  Not wearing  None

Don't know

•Body position at time of impact:

- Straight  Forward lean  Turned(R or L)  
 Other: \_\_\_\_\_

•Head position at time of impact:

- Forward  Turned Left  Turned Right  
 Looking Up  Looking Down

•Hands:

- One on wheel  Two on wheel  N/A

•Aware of impending crash?  Yes  No

•Did you brace for the crash?  Yes  No

•Crash description: \_\_\_\_\_

Primary impact to your vehicle:

- Rear ended  Your vehicle rear-ended another vehicle  
 Hit on drivers side  Hit on passengers side  
 Other (explain): \_\_\_\_\_

•During and after the crash what happened to your vehicle? (check all that apply)

- kept going straight  spun around  
 was hit by another vehicle  hit a tree  
 kept going straight hitting a car in front  
 spun around and hit a stationary object  
 Hit guard rail  Vehicle rolled over  
 Vehicle went into ditch

•Did your face hit anything?  N/A

- Windshield  Steering Wheel  Side Door  
 Dashboard  Ceiling  Car Frame  
 Another Passenger  Seat  Side Window  
 Other: \_\_\_\_\_

•Did your neck hit anything?  N/A

- Windshield  Steering Wheel  Side Door  
 Dashboard  Ceiling  Car Frame  
 Another Passenger  Seat  Side Window  
 Other: \_\_\_\_\_

•Did your chest hit anything?  N/A

- Windshield  Steering Wheel  Side Door  
 Dashboard  Ceiling  Car Frame  
 Another Passenger  Seat  Side Window  
 Other: \_\_\_\_\_

•Did your knees hit anything?  N/A

- Windshield  Steering Wheel  Side Door  
 Dashboard  Ceiling  Car Frame  
 Another Passenger  Seat  Side Window  
 Other: \_\_\_\_\_

•Did you slide out of your seatbelt during the accident?  Yes  No

•What was damaged in/on your vehicle? (check all that apply)

- Windshield  Rear Window  Trunk  
 Steering Wheel  Mirror  Front Lt. Door  
 Dashboard  Knee Bolster  Front Rt. Door  
 Seat Frame  Rear Bumper  Back Lt. Door  
 Side Window  Front Bumper  Back Rt. Door  
 Completely totaled  Other: \_\_\_\_\_

# Injury History Form

▪Did you lose consciousness?  Yes  No  
 If yes, for how long? \_\_\_\_\_

▪Estimated damage to your vehicle (Cost if known):  
 \$ \_\_\_\_\_ Dollars  
 None  Minimal  Moderate  Major

▪Where did you go after the crash?  
 Home  Work  Other: \_\_\_\_\_  
 Hospital Name: \_\_\_\_\_  
 Mode of transportation:  Ambulance  Drove yourself  
 Other \_\_\_\_\_  
 Family Doctor or Convenience Clinic (circle one if applies)  
 Name: \_\_\_\_\_

**Emergency department (If applies):**  N/A

▪Radiographs:  Yes  No  
 X-rays  MRIs  Special Imaging  
 Body parts imaged: \_\_\_\_\_  
 Results: \_\_\_\_\_

▪Cervical Collar?  Yes  No  
 ▪Back Brace?  Yes  No  
 ▪Medications Prescribed:  N/A  
 Pain Medication  Muscle Relaxants  
 Anti-Inflammatory  Pain Injection  
 ▪Were you admitted overnight?  Yes  No  
 ▪Any stitches or cuts?:  Yes  No \_\_\_\_\_

▪ Did your head hit anything?  N/A  
 Windshield  Steering Wheel  Side Door  
 Dashboard  Ceiling  Car Frame  
 Another Passenger  Seat  Side Window  
 Other: \_\_\_\_\_

▪ Did your shoulders hit anything?  N/A  
 Windshield  Steering Wheel  Side Door  
 Dashboard  Ceiling  Car Frame  
 Another Passenger  Seat  Side Window  
 Other: \_\_\_\_\_

▪ Did your hips hit anything?  N/A  
 Windshield  Steering Wheel  Side Door  
 Dashboard  Ceiling  Car Frame  
 Another Passenger  Seat  Side Window  
 Other: \_\_\_\_\_

▪ Did your feet hit anything?  N/A  
 Windshield  Steering Wheel  Side Door  
 Dashboard  Ceiling  Car Frame  
 Another Passenger  Seat  Side Window  
 Other: \_\_\_\_\_

▪Employment at time of crash:  
 \_\_\_\_\_  
 Unemployed, Due to crash?  Yes  No  
 ▪Type of work:  Office/clerical  Light labor  
 Moderate labor  Heavy labor  
 ▪Did you miss work due to your injury?  
 Yes  No  
 Dates missed: From \_\_\_\_\_ to \_\_\_\_\_  
 ▪Reason for today's visit:  
 Persistent complaint  Worsening of symptoms  
 Other \_\_\_\_\_  
 ▪Any prior treatment or injuries to the affected areas before this crash?:  
 Yes, explain below  No  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

## Injury History General

▪Time of day:  
 Daylight  Dawn  Dusk  Dark  
 ▪Road conditions:  
 Dry  Damp  Wet  Snow  Ice  
 Other \_\_\_\_\_  
 ▪Was the seat back broken?  Yes  No  
 ▪Did the air bag deploy?  Yes  No  
 If yes, were you struck?  Yes  No  
 ▪Brake applied?  Yes  No

## During the Crash

▪Wearing a hat or glasses?  Yes  No  
 If yes, still on after crash?  Yes  No  
 ▪If there were lacerations (cuts), where were they?  
 Head  Neck  Abdomen  
 Upper/Mid back  Lower back  Pelvis  
 Chest/Rib cage  
 Shoulders (R, L)  Arms (R, L)  Elbows (R, L)  
 Forearms (R, L)  Wrists (R, L)  Hands (R, L)  
 Buttocks (R, L)  Hips (R, L)  Thighs (R, L)  
 Knees (R, L)  Legs (R, L)  Ankles (R, L)  
 Feet (R, L)  Other \_\_\_\_\_  
 ▪Did you receive emergency care at the accident site?  Yes  No  
 If yes, what type of care?  
 Bandages  Splints  Brace  Neck collar  
 Other \_\_\_\_\_  
 None  Minimal  Moderate  Major  
 ▪Were the police on-scene?  Yes  No  
 If yes, was a report made?  Yes  No

# Injury History Form

Notes: \_\_\_\_\_

## After the crash

•Symptoms you have experienced (check all that apply):

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Headache                | <input type="checkbox"/> Dizziness                | <input type="checkbox"/> Nausea          |
| <input type="checkbox"/> Neck pain               | <input type="checkbox"/> Back pain                | <input type="checkbox"/> Blurred vision  |
| <input type="checkbox"/> Double vision           | <input type="checkbox"/> Reduced vision           | <input type="checkbox"/> Chest pain      |
| <input type="checkbox"/> Palpitations            | <input type="checkbox"/> Impaired hearing         | <input type="checkbox"/> Constipation    |
| <input type="checkbox"/> Diarrhea                | <input type="checkbox"/> Vomiting                 | <input type="checkbox"/> Anxiety         |
| <input type="checkbox"/> Tension                 | <input type="checkbox"/> Frequent urination       | <input type="checkbox"/> Depression      |
| <input type="checkbox"/> Mood swings             | <input type="checkbox"/> Painful urination        | <input type="checkbox"/> Nervousness     |
| <input type="checkbox"/> Poor memory             | <input type="checkbox"/> Convulsions              | <input type="checkbox"/> Fatigue         |
| <input type="checkbox"/> Restlessness            | <input type="checkbox"/> Loss of balance          | <input type="checkbox"/> Insomnia        |
| <input type="checkbox"/> Weakness                | <input type="checkbox"/> Light sensitivity        | <input type="checkbox"/> Weight gain     |
| <input type="checkbox"/> Weight loss             | <input type="checkbox"/> Reduced Appetite         | <input type="checkbox"/> Ringing in ears |
| <input type="checkbox"/> Difficulty breathing    | <input type="checkbox"/> Confusion/disorientation |  |
| <input type="checkbox"/> Inability to hold urine |   |  |
| <input type="checkbox"/> Numbness/Tingling       |   |  |

If yes, where? \_\_\_\_\_

•When did symptoms first appear?

- Immediately  
 After \_\_\_\_\_ hour(s) after the accident, please clarify which symptoms \_\_\_\_\_

•Are you restricted in any of the following areas as a result of the accident?

- Daily living       Occupational/Work  
 Recreational activities       Other \_\_\_\_\_

•Did you self-treat your symptoms?

- Yes     No  
If yes, please describe:     Ice     Heat     Bed rest  
 Over-the-counter medication  
 Other \_\_\_\_\_

## Treatment history since the accident

1. Medical Doctor seen: \_\_\_\_\_  
Specialty: \_\_\_\_\_  
Dates Treatment given: \_\_\_\_\_  
Currently treating?     Yes     No  
Special tests done: \_\_\_\_\_  
Referred to: \_\_\_\_\_  N/A  
Did treatment help?     Yes     No  
Notes: \_\_\_\_\_

2. Medical Doctor seen: \_\_\_\_\_  
Specialty: \_\_\_\_\_  
Dates Treatment given: \_\_\_\_\_  
Currently treating?     Yes     No  
Special tests done: \_\_\_\_\_  
Referred to: \_\_\_\_\_  N/A  
Did treatment help?     Yes     No

3. Medical Doctor seen: \_\_\_\_\_  
Specialty: \_\_\_\_\_  
Dates Treatment given: \_\_\_\_\_  
Currently treating?     Yes     No  
Special tests done: \_\_\_\_\_  
Referred to: \_\_\_\_\_  N/A  
Did treatment help?     Yes     No  
Notes: \_\_\_\_\_

4. Physical Therapy: \_\_\_\_\_  
Performed where: \_\_\_\_\_  
Dates of treatment: \_\_\_\_\_  
Treatment given: \_\_\_\_\_  
Currently treating?     Yes     No  
Special tests done: \_\_\_\_\_  
Referred to: \_\_\_\_\_  N/A  
Did treatment help?     Yes     No  
Notes: \_\_\_\_\_

5. Chiropractic Doctor seen: \_\_\_\_\_  
Dates Treatment given: \_\_\_\_\_  
Currently treating?     Yes     No  
Special tests done: \_\_\_\_\_  
Referred to: \_\_\_\_\_  N/A  
Did treatment help?     Yes     No  
Notes: \_\_\_\_\_

Any other information regarding this injury?

- No  
 Yes: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_